



1. TÜRK ARTROSKOPİ VE DİZ CERRAHİSİ KONGRESİ

THE FIRST TURKISH ARTHROSCOPY AND KNEE SURGERY CONGRESS

BİLDİRİ ÖZETLERİ ABSTRACTS

İSTANBUL SHERATON HOTEL and TOWERS
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ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION
VOUKALIS, KONSTANTINOS
ST. LUKE'S HOSPITAL
THESSALONIKI
G R E E C E

ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION:
FROM AN OPEN TO A CLOSED TECHNIQUE

An anterior cruciate ligament reconstruction involves disruption of ACL fibres which results in an increase in anterior displacement of the tibia. The diagnosis is based on: 1. careful evaluation of the patient's history, 2. clinical examination of the knee and 3. arthroscopic assessment.

The treatment of an ACL injury is individualised and is based on the patient's age and personal sports or job-related factors. Machine tests play no part in this decision-making process. The main criteria used to advise a surgical solution are the patient's complaint of an unstable knee causing pain and, or, an inability to perform to the physical standards he requires.

This paper presents an analysis of ⁴⁰⁴204 patients with ACL injury who were treated surgically. Results, thoughts and alterations to techniques in the light of experience are discussed, as we modify our opinions (and grow older), but continue to deal with a problem which remains essentially unchanged.