THE NINTH INTERNATIONAL JERUSALEM SYMPOSIUM ON SPORTS INJURIES









11-12 January 1993 Jerusalem, Israel

Ma'ale Hachamisha Kibbutz Hotel

IN HONOR OF

Dr. ROBERT T. ROSENFELD

For a Long Career in Sport Medicine

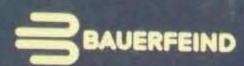
ORGANIZED BY:

THE HADASSAH UNIVERSITY HOSPITAL DEPARTMENT OF ORTHOPAEDIC SURGERY MOUNT SCOPUS, JERUSALEM

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SURGICAL TREATMENT OF GROIN PAIN IN ATHLETES Voukalis, K.

St. Luke's Clinik, Thessaloniki, Greece

Public pain is frequent in soccer players as in athletic activities strongly involving adductor muscles. The goals of this analysis of a serie of 249 cases of athletic groin pain are to provide appropriate indications for the selection of either medical or surgical treatments.

From July 1986 to the end of 1991, operations were performed on 249 athletes most of them professional soccer players.

Criteria for the evaluation:

- persistance of residual groin pain
- persistance of other clinical manifestations
- level of resumation of athletic activity

In each case reconstruction of annulus inguinalis was performed based most on Nesovic technique. This area was the primary site consisted of a bilateral reefing of the abdominal muscles on the pubis and inquinal ligament. It is aimed at equilibrate the unbalanced muscular equilibrium acting on the pubis secondary to strong predominant adductors involved. No surgery was ever required at the level of origin of adductor medius.