### THE 17th

# INTERNATIONAL JERUSALEM SYMPOSIUM ON SPORTS MEDICINE



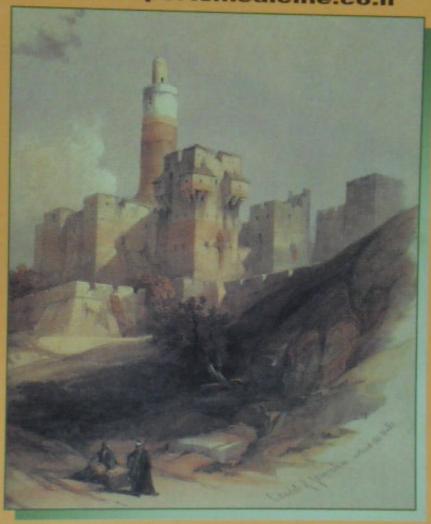








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### PROGRAM AND BOOK OF ABSTRACTS

MARCH 26-27, 2001 MAALE HAMISHA JUDEAN HILLS, ISRAEL

In conjunction with

THE ISRAEL SOCIETY of KNEE SURGERY and ARTHROSCOPY

and

THE ISRAEL SHOULDER and ELBOW SOCIETY

## ACL RECONSTRUCTION USING HAMSTRINGS .TRANSFIX TECHNIQUE.

### DR KOSTAS VOUKALIS MD

### GALENOS CLINIK THESSALONIKI GREECE

In our clinic we do about 150 cases of ACL reconstruction per year. Three years ago our statistics were 60% with BPTB graft, 30% with allograft and 10% with Hamstrings.

Due to high cost and availability our percentage of allografts gradually were, reduced to 10%. On the other hand building our confidence with the use of Hamstrings our numbers for the last year were Hamstrings 60%, BPTB 30%, Allograft 10%.

As a method of choice we use the arthroscopic technique of TRANSFIX fixation .We present our technique with Transfix using ST+Gr grafts.

Finally we conclude our reasons for changing our technique..

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