



**D
R
A
M
A
2004**

**13th BALKAN
SPORTS MEDICINE CONGRESS**

**7th INTERNATIONAL CONGRESS
of SPORTS MEDICINE ASSOCIATION of GREECE**

**4th GREEK – CYPRIOT
SPORTS MEDICINE CONGRESS**

**FINAL PROGRAMME
AND
ABSTRACTS**

April 29 – May 2



Organized By
Ministry of Drama
Sports Medicine Association of Greece

O119

Arthroscopically Assisted Reconstruction of PCL and ACL Ligaments in One Go

Voukalis K.

“Agios Loukas” Hospital, Thessaloniki, **GREECE**

When time of "functional adaptation" and "functional tolerance" is over, PCL injuries develop Osteoarthritis.

We have to treat PCL injuries more than we used to in the past for the simple reason that now we know how to do it easily with minimum morbidity.

80 % of PCL injuries are combined with ACL or PLC injuries.

Open PCL surgery in the past was major surgery, difficult and dangerous. Arthroscopically assisted PCL reconstruction with the new instrumentation is safe and fast enough to allow us to perform simultaneously PCL and ACL reconstruction in one go.

O118

Osteochondral Autogenous Transfer Grafts for the Treatment of Full Thickness Articular Surface Defects. Arthroscopic Techniques

Voukalis K.

“Agios Loukas” Hospital, Thessaloniki, **GREECE**

Localised articular cartilage defects in weight-bearing joints are common, yet difficult to treat.

The O.A.T.S procedure represents an effective means to treat full thickness symptomatic articular defects.

O.A.T.S is currently the only arthroscopic cartilage repair technique that provides and retains hyaline articular surface.

The results has shown that the transplantation of osteochondral autologous grafts can be effective for the treatment of focal defects of articular cartilage in selected patients.